

# St. Vincent de Paul Pantry Needs

## **Canned Protein**

Chicken  
Tuna  
Chili

## **Canned Vegetables**

Corn  
Green Beans  
Carrots  
Peas  
Mixed Vegetables

## **Canned Beans**

Baked Beans  
Pinto, Kidney, Navy, etc.

## **Canned Fruit**

Pineapple  
Peaches  
Pears  
Applesauce (can or jar)  
Fruit Cocktail

## **Canned Tomato Products**

Tomato Sauce  
Tomato paste  
Whole or Diced Tomatoes  
Spaghetti Sauce (can or jar)

## **Canned Soups**

Chicken Noodle  
Tomato  
Cream Soups  
Ramen Noodles (packages or cups)  
Variety Soups  
Pasta (Spaghetti-O's etc.)

## **Boxed Mixes**

Mac and Cheese  
Instant Potatoes  
Stuffing Mix  
Helpers (Hamburger Helper, Tuna Helper, etc.)  
Pancake Mix  
Flavored Rice Mixes

## **Cereal**

Hot (Oatmeal, etc.)  
Cold (Corn Flakes, Cheerios, etc.)

## **Condiments**

BBQ Sauce  
Ketchup  
Mustard  
Mayonnaise  
Salad Dressing (Italian, Ranch)  
Peanut Butter  
Jelly (grape or strawberry)  
Pancake Syrup

## **Beverages**

Ground Coffee  
Tea Bags  
Cocoa Mix  
Fruit Juice (bottle, pouches or boxes)

## **Miscellaneous**

Crackers (Ritz or saltines)  
Flour  
Sugar  
Vegetable Oil

## **Non-Food Items**

Paper Towels  
Toilet paper  
Tissues  
Bar Soap  
Shower Gel  
Shampoo  
Conditioner  
Powder Laundry Detergent  
Dishwashing Liquid  
Deodorant  
Toothbrushes  
Toothpaste  
Diapers (all sizes)