
The MENU

October / Octubre 20, 22 & 23

Sunday 10:00 am

*Pancakes, Scrambled Eggs & Sausage
Yogurt
Bananas, cut fresh fruit
Water and coffee*

Sunday 12:35 pm, 6:15 pm

Tuesday 5:30 pm

Wednesday 6:15 pm

*Beef Nachos with black beans, salsa and cheese
Green salad with grilled chicken for gluten free option
Uncooked carrots
Water and coffee*

*If you choose to bring food from home, please
remember NO NUTS. Thank you.*

*When you are finished eating, please bring your dishes
to the bus pans located near the kitchen and windows.*

Domingo 10:00 am

*Pancakes, huevos revueltos y salchicha
Yogur
Bananas y frutas picadas
Agua y café*

Domingo 12:35 pm, 6:15 pm

Martes 5:30 pm

Miércoles 6:15 pm

*Nachos con carne, frijoles negros, salsa y queso
Ensalada verde con pollo al horno (opción sin gluten)
Zanahorias
Agua y café*

*Si usted decide traer comida de su casa, por favor
recuerde NO MANI, NI NUECES. Gracias*

*Quando termine de comer, por favor lleve los platos a
la bandeja cerca de la ventanilla de la cocina.*

