

Confirmation Discernment & Preparation

In the Sacrament of Confirmation, the baptized are strengthened with the Gifts of the Holy Spirit, accept new responsibilities for witnessing Jesus to the world and become more closely united with Christ.

Our Faith Formation staff collaborates with parents to prepare children & teens for the reception of the Sacraments. What we have learned is that just as for adults, there should be a discernment and preparation process for children, teens and their parents as they prepare for the Sacraments. This process is not a one size fits all, nor should it be. As unique children of God, we recognize we all have a different path to discovering and encountering God's love.

The Sacrament of Confirmation can be celebrated in 10th Grade and older. •The discernment process can begin as early as 8th grade. This process must include participation in 2 previous and continuous years of Faith Formation as well as participating in a Retreat experience (8/9th Grade) in 2 year of preparation and/or Antioch (10th Grade).

As you are discussing with your teen the Sacrament of Confirmation, the most important discernment & preparation you can do as a family includes regular Mass attendance, praying & faith sharing at home and participating in Our Great Journey Faith sessions.

- **Options** for celebrating the Sacrament of Confirmation:
 - **2026 To be determined** -Confirmation with Archbishop or Bishop*
 - Pentecost, **May 24, 2026, Mass** with Fr. Eric and adult confirmandi
 - **October 2026, Mass** – Confirmation with Archbishop or Bishop*
 - *Subject to availability of Bishops

Below are the details and dates for the immediate preparation for the Confirmation:

Details and Dates

Year 1 of preparation: 8th grade and older

- Parents & Teens attend a Confirmation meeting in May to overview preparation.
- Complete [Rite of Enrollment form](#).
- Attend Rite of Enrollment Mass in September
- Copy of Baptismal Certificate if not baptized or received Communion at Transfiguration
- A [Service Summary](#) Sheet must be submitted at the end of 8th grade (year 1) with a minimum of 10 service hours (Service completed beginning in the 6th grade thru the 8th grade are acceptable; service is preferred with at least 5 through activities/ministries at Transfiguration, but not necessary).
- Teens are encouraged the 8/9 Grade Retreat in April
- After prayerful consideration, teens invite a faith filled person to be their sponsor and accompany them through their discernment, preparation & Confirmation process. A completed [Sponsor Form](#) will accompany this decision. Complete sponsor form and submit by August 1.
- Students MUST participate in Our Great Journey Faith Formation or be attending Catholic school for (2) two consecutive years - 8th and 9th grade – and enrolled in Our Great Journey in 10th grade or be attending Catholic school to be eligible for the celebration of Confirmation in 10th grade.

Year 2 of preparation: 9th grade and older

- A [Service Summary](#) Sheet must be submitted at the end of 9th grade (year 2) with a minimum of 10 new service hours (at least 5 service hours preferred through activities/ministries at Transfiguration, but not necessary).
- Teens are encouraged to attend 8/9 Grade Retreat in April (Please note, if planning for October Confirmation date, this retreat is a preparation requirement)
- Students MUST be participating in Our Great Journey Family Faith or be attending Catholic school for (2) two consecutive years, 8th and 9th grade - to be eligible for the celebration of Confirmation in 10th grade.
- Submit [Ministry Inquiry](#)

10th Year of Confirmation

It is a requirement that the following preparation and paperwork is completed before the Sacrament of Confirmation is celebrated:

If preparing for October, all preparation/requirements due April 1

- Attend Confirmation Parent/Teen Meeting
- Enrolled in Our Great Journey or attending Catholic School
- [Confirmation registration form](#)

- Copy of Baptismal Certificate if not baptized or received Communion at Transfiguration
- [Sponsor Eligibility letter](#) if sponsor is not registered at Transfiguration.
- Complete [E-Journal](#) by August 1
- Complete [Week 8 of E-Journal](#)
- A [Service Summary](#) Sheet must be submitted in the fall of 10th grade with a minimum of 5 new service hours (at least 2-1/2 through activities/ministries at Transfiguration).
- Attended 8/9 Grade Retreat, you are still encouraged to attend Antioch in January
- Attend the **Inscription Rite** for those preparing to receive Confirmation (to be scheduled)
- Confirmation sponsor emails Ms Karen that all preparation is complete
- Confirmation date is scheduled
- Meeting with Ms Karen or another adult small group leader

If preparing for Spring Confirmation, all preparation/requirements due October 19

- Attend Confirmation Parent/Teen Meeting
- Confirmation registration form
- Copy of Baptismal Certificate if not baptized or received Communion at Transfiguration
- Sponsor Eligibility letter if sponsor is not registered at Transfiguration.
- Complete E-Journal by October 19
- Complete Week 8 of E-Journal
- A Service Summary Sheet must be submitted in the fall of 10th grade with a minimum of 5 new service hours (at least 2-1/2 through activities/ministries at Transfiguration).
- Attended Antioch Retreat in January
- Confirmation sponsor emails Ms. Karen that all preparation is complete
- Confirmation date is scheduled
- Meeting with Ms. Karen or another adult small group leader

Confirmation date is scheduled for Spring Confirmation

If preparing for June (Pentecost), all preparation/requirements due October 19

- Attend Confirmation Parent/Teen Meeting
- Confirmation registration form
- Copy of Baptismal Certificate if not baptized or received Communion at Transfiguration
- Sponsor Eligibility letter if sponsor is not registered at Transfiguration.
- Complete E-Journal by October 19
- Complete Week 8 of E-Journal

- A Service Summary Sheet must be submitted in the fall of 10th grade with a minimum of 5 new service hours (at least 2-1/2 through activities/ministries at Transfiguration).
- Attended Antioch Retreat in January
- Confirmation sponsor emails Ms Karen that all preparation is complete
- Confirmation date is scheduled
- Meeting with Ms Karen or another adult small group leader

Confirmation date is scheduled for Pentecost Confirmation

New service hours must be completed each year. Students are highly encouraged to go beyond the minimum requirements, but extra hours do not count towards the next years' service. Failure to meet the minimum requirements will delay the student's Confirmation date.

There is a preparation/registration fee the year the Sacrament is received to cover the additional costs (workbooks, retreats, certificates, refreshments, etc). This is in addition to the regular Faith Formation tuition fee.

For all of the current Confirmation forms and pertinent dates for the current class, visit the [Confirmation Corner](#)