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# *the* MENU

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*December / Diciembre 7, 9 & 10*

*Sunday 10:00 am*

*Bacon egg and cheese croissant  
Yogurt  
Fresh fruit  
Muffins  
Water and coffee*

*Sunday 12:30 pm, 6:00 pm*

*Tuesday 5:30 pm*

*Wednesday 6:00 pm*

*Chicken & Cheese Quesadillas, black beans, rice  
gluten free option: chicken, black beans & rice  
Water and coffee*

*If you choose to bring food from home, please  
remember NO NUTS. Thank you.*

*When you are finished eating, please bring your dishes  
to the bus pans located near the kitchen and windows.*

*Domingo 10:00 am*

*Croissant con huevo, queso y tocineta  
Yogur  
Frutas picadas  
Magdalenas  
Agua y café*

*Domingo 12:30 pm, 6:00 pm*

*Martes 5:30 pm*

*Miércoles 6:00 pm*

*Quesadillas de pollo, frijoles negros, arroz  
opción sin gluten: pollo, frijoles negros, arroz  
Agua y café*

*Si usted decide traer comida de su casa, por favor  
recuerde NO MANI, NI NUECES. Gracias*

*Cuando termine de comer, por favor lleve los platos a  
la bandeja cerca de la ventanilla de la cocina.*

